



# PCP Bulletin

## 2008 Victorian Public Healthcare Awards

The Victorian Public Healthcare Awards is the foremost awards program for the healthcare community. The Awards are open to all Victorian Government funded primary and acute healthcare providers and initiatives.

Entries are accepted under 4 categories with registrations of interest for health service of the year needing to be completed by **19 May**.

With the submission deadline of **10 June 2008** fast approaching, health services interested in competing in the 2008 program are encouraged to visit the website [www.health.vic.gov.au/healthcareawards](http://www.health.vic.gov.au/healthcareawards) for further information and entry guidelines.

### otherWISE Youth Workshop *How big is your ecological footprint? What can you do to help?*

Come along and make a difference and discover all the actions you can take to make this world a better place to live.

Sunday 18 May, RMIT University, 200 Ballarat Road, Hamilton, 10.30am—4.00pm

Phone: Local program coordinator, Fiona Upstill, RMIT Uni, on 55720503 for more information or to register

*otherWISE—Youth Leadership for Sustainable Communities*



**International Young Professionals Foundation**

Informing, inspiring, and equipping young professionals to make a positive difference in the world.

Editor: Erin White

Please forward items for future bulletins by email to

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F: 5572 3692

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3300, Phone 5551 8471

Website:

[www.sggpcp.com](http://www.sggpcp.com)

### Would you like to learn about Mental Health First Aid?

Mental Health First Aid is the help provided to a person developing a mental health problem or in a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves.

First aid courses for mental health are being implemented in communities across Australia, particularly those impacted by drought. This training equips community members with the skills equivalent to a physical first aid course.

When:

**Course 1: Tuesday 27 May & 3 June, 2008** (9.30am-4.30pm) ~ Casterton

**Course 2: Saturday 14 & Sunday 15 June, 2008** (9.30am-4.30pm) ~ Portland

**Course 3: Saturday 12 & Sunday 13 July, 2008** (9.30am-4.30pm) ~ Hamilton

Where:

Casterton: **Casterton Golf Club**, Penola Road, Casterton

Portland: **Sandilands Restaurant**, 33 Percy Street, Portland

Hamilton: **Hamilton Institute of Rural Learning**, North Boundary Rd, Hamilton

Cost:

**\$40 (inclusive of GST)** ~ per community member/small business

(subsidised)

**\$165 (inclusive of GST)** ~ per agency staff member

(Resources and morning/afternoon tea & lunch supplied)

**TO REGISTER CONTACT : SALLY JARVIS, 5551 8471, [sally.jarvis@wdhs.net](mailto:sally.jarvis@wdhs.net)**

### The Flinders Model of Chronic Condition Self Management

Registrations are now open for 2008 training courses in THE FLINDERS MODEL OF CHRONIC CONDITION SELF MANAGEMENT. This two-day workshop is suitable for health professionals who work with clients with long term health conditions.

MAY 2008 - Wednesday 28<sup>th</sup> & Thursday 29<sup>th</sup>

SEPTEMBER 2008 - Tuesday 23<sup>rd</sup> & Wednesday 24<sup>th</sup>

All workshops will be held at: Barwon Health Newcomb, 104-108 Bellarine Highway, Newcomb

Please direct enquiries to: Jenny Burns, Ph: 5260 3524 or email: [jennybur@barwonhealth.org.au](mailto:jennybur@barwonhealth.org.au)



Southern Grampians & Glenelg  
Primary Care Partnership

## HISA Victoria Branch Conference 2008

Begin an Exciting Journey of Discovery

Can e-health impress when there's no fixed address?

Come to the HISA Conference to hear experts in social services and eHealth discuss this important issue, and in doing so give you a new perspective on eHealth.

Friday 30 May 2008  
Darebin Arts & Entertainment Centre  
Cnr Bell Street & St Georges Road Preston



Register online [www.hisa.org.au](http://www.hisa.org.au)

## FREE Energy Hardship Training Program for Emergency Relief and Community Workers

Presented by Community Information Victoria Inc (CIVic) on behalf of Consumer Affairs Victoria

Community agencies offering emergency relief services now have access to **FREE** information and training programs as part of the Government's *A Fairer Victoria* policy and in response to the 2005 Inquiry into Financial Hardship of Energy Consumers.

**This 3-hour training session is relevant for emergency relief workers whose role brings them in contact with people having difficulties paying their gas or electricity bills.**

For further information about the upcoming training session times log on to [www.civ.org.au](http://www.civ.org.au) or email: [civic@civ.org.au](mailto:civic@civ.org.au)

Or call: **Helen Besley** on 03 96722002, email [helen@civ.org.au](mailto:helen@civ.org.au) or **Robyn Hosking** on 03 9672 2004, email [robyn@civ.org.au](mailto:robyn@civ.org.au)

Local dates:

Hamilton, Thursday 19 May, 10.00am to 1.00pm Maryknoll Centre Adj to St Marys Church, Off Lonsdale St

Portland, Tuesday 20 May, 10.00am to 1.00pm Loaves and Fishes 13 Richmond St (opposite TAB)

Warrnambool, Wednesday 21 May, 10.00am to 1.00pm Community Connections 135 Kepler St

## MOOD FOODS AND DEPRESSION *presented by Grange Chiropractic Clinic*

*How to boost your energy, your attitude and your self esteem through simple changes in your diet.*

**Wednesday 28 May at 7.15pm to 9.30pm, Hamilton PAC (Ted Kenna Room)**

\$25 per person / \$40 for 2 people, supper included.

Bookings: 55725455

*International presenter & author:  
CYNDI O'MEARA*



## COMMUNICATION FOR AND WITH DEAF AND HARD OF HEARING PEOPLE INTERNET RELAY INFORMATION SESSION

Lance Hately, Education and Information Officer is coming to Warrnambool and will be presenting an information session about the new Internet Relay service. This is an exciting new part of the National Relay Service and can be used by anyone who has a computer or a compatible mobile phone.

Come along and find out more about how you can use Internet Relay and also see a live demonstration of Internet Relay!

There will be time for questions and answers during the session. This session is free and **for you!**

**Thursday, 29<sup>th</sup> May 2008, MPOWER 71 Koroit Street, Warrnambool, 7.00pm**

Please confirm your attendance to **Erica Smith**, deafaccess Victoria, Barwon South West Co-ordinator by email on [esmith@mpower.org.au](mailto:esmith@mpower.org.au) or phone 03 5561 8114 or Fax 03 5561 8100

## PLUS Come and find out about the National Relay Service (NRS)

Thursday, 29<sup>th</sup> May 2008, MPOWER. 71 Koroit Street, Warrnambool, 2.30pm

Why: The National Relay Service (NRS) makes a huge difference, every day, to the lives of thousands of Australians who are deaf or have hearing or speech impairments. It gives people the opportunity to communicate by phone more easily with businesses, professional services, friends and family.

Getting the word out to people about how the NRS can make a difference to the quality of their lives, is an important task. It's vital that everyone working with people who are deaf or have a hearing or speech impairment understands what the service is and can advise their friends, clients and customers about it.

Please confirm your attendance to **Erica Smith**, deafaccess Victoria Co-ordinator, Barwon South West by email on [esmith@mpower.org.au](mailto:esmith@mpower.org.au) or phone 03 5561 8114 or Fax 03 5561 8100

### SGG PCP Team:

Rosie Rowe: Executive Officer, Rowena Wylie: Project Officer,  
Erin White: Communications Officer, Elise Armitage: Arts Officer, Vicki Barbary: Project Officer,  
Sally Jarvis: Administration Officer, Kaylene Diana: Administration Officer  
SGG PCP Website: [www.sggpcp.com](http://www.sggpcp.com)