



# BULLETIN

## POSITION VACANT - HEALTH PROMOTION PROJECT OFFICER AT SGGPCP

##### Visit [www.sggpcp.com](http://www.sggpcp.com) for more information. Closes 29 July 2010 #####

### Information from the Office of the Commissioner for Environmental Sustainability

The DPI Farm Services Victoria Horticulture team has just released a new series of short news stories showcasing how farmers are responding to key climate issues. Dealing with climate change, droughts, extreme weather, water use efficiency, water trading, business planning and diversification are all covered.

Hearing some of these will impress you with the terrific approach being taken by leading farmers. The messages will have relevance no matter which industry you are involved with.

<http://new.dpi.vic.gov.au/agriculture/horticulture/farmview-videos>

### Community Garden Get Together – Mulleraterong

Community Garden get together at Mulleraterong 90 French St, Hamilton – Wednesday August 4 from 5.30pm.

Mulleraterong is generously making their site available to be used by the community as a Community Garden. A meeting will be held at the site to plan and develop a strategy to move forward. All are welcome. To RSVP and for further information please call Peter Gilbert on 5572 3035

### Towards becoming a TRANSITION TOWN

Transitioning to a better future!

Transition Towns is about making our communities happier, healthier and better able to cope with challenges like peak oil and global warming. It is a world-wide movement that is spreading quickly. Here's your chance to get in on the Action. Find out what it's all about and how much fun it can be. Hear Andrew Lucas, founder of Transition Bell, when he visits Hamilton.

**When:** Monday 9 August, 4.30pm – 7.30pm

**Where:** Hamilton Cinema, Brown Street, Hamilton

Entry is free...refreshments will be provided. To reserve a spot, call Vicki at the Shire on 5573 0256

### Seniors Rights

Free Information Session for Barwon South West Seniors

What is elder abuse? How can we deal with it?

Come to a free information session on how to help protect and safeguard the rights of older people in Victoria. A speaker from Seniors Rights Victoria will describe the free help and advice available on this complex issue.

**Where:** **CASTERTON**, Casterton Town Hall Councillors' Room, Henty Street

**When:** Tuesday 21 September 2010, 1 – 4pm

**Where:** **HAMILTON**, Senior Citizen's Club, 100 Lonsdale Street

**When:** Wednesday 22 September 2010, 1 – 4pm

Please RSVP by 20 September 2010 to Faye Duffield on (03) 55644 040 or [pcpadmin@swarh.vic.gov.au](mailto:pcpadmin@swarh.vic.gov.au)

### Powershift Climate Change Summit

Power Shift is a series of three extraordinary events in Geelong, Adelaide and Canberra that will inspire, activate and connect thousands of young people to address climate change together.

Building on the stellar success of Power Shift 2009 and the rapid growth of the Australian Youth Climate Coalition, Power Shift 2010 will empower and train the next generation of climate leaders to achieve positive change.

**Power Shift 2010 Geelong** – Deakin University Waterfront Campus – August 14 to 15

Imagine walking into a room full of hundreds of people all focused on one goal - energised, empowered and ready to jump into action on climate change. You don't have to imagine any longer, the Australian Youth Climate Coalition (AYCC) is bringing you Power Shift, a two day youth climate summit in Geelong.

The AYCC is Australia's largest youth-run organisation and we are working hard to build a generation-wide movement to solve the climate crisis. We're building on the huge success of Power Shift '09 Sydney, which attracted speakers like Tim Flannery, Al Gore (via videolink) and grabbed national media attention for its 'flashmob' dance on the steps of the Sydney Opera House. Young people came away inspired and empowered to help build a clean-energy future.

Register today for Power Shift Geelong, August 14-15th at

[www.aycc.org.au/projects/power-shift-2010](http://www.aycc.org.au/projects/power-shift-2010)

## Stanford Chronic Condition Self Management Leader Training

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Warrnambool Community Health is pleased to offer Stanford Chronic Condition Self Management Leader Training. Developed by Stanford University in America this 4 Day course will enable participants to co-facilitate Better Health Self Management programs for people with chronic health conditions. Health Professionals & Peer Leaders are welcome to attend.

**Where**— Warrnambool Bowls Club, 75 Timor Street, Warrnambool

**When**— 10th, 11th, 17th and 18th of November 2010 ( 4 days as per Stanford University licensing requirements )

**Time**— 9:30am—4.00pm

**Cost**— \$550 per participant

Cost includes catering, leaders manual & accompanying book Living a Healthy Life with Chronic Conditions. Please note it is the responsibility of individual organisations to ensure they are licensed with Stanford University to run Chronic Condition Self Management. Programs (potential for shared licensing under existing SWH license). For more information contact Lee Alexander, Ph: (03) 5564 4196, [alexander@swh.net.au](mailto:alexander@swh.net.au) or visit <http://patienteducation.stanford.edu>

## NATIONAL CENTRE FOR FARMER HEALTH INAUGURAL CONFERENCE

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**'Opening the Gates on Farmer Health'** - Take this opportunity to be part of this dynamic conference Promote the expertise in your organization. Participate in a conference that will highlight the diverse issues that affect farming communities. Learn about the latest developments in the sector. Share the podium with international keynote speakers.

The conference will take a cross sectoral approach and abstracts from diverse disciplines are being submitted.

Upload an abstract and Register now on [www.farmerhealth.org.au](http://www.farmerhealth.org.au)

**When:** 11-13 October 2010

**Where:** Hamilton, Victoria

**Contact:** Sally Stevenson, 03 5551 8587 or [sally.stevenson@wdhs.net](mailto:sally.stevenson@wdhs.net)

## VOLUNTEER AS AN INDEPENDENT PERSON

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**Are you passionate about supporting young people?**

**Want to develop your knowledge of the law and criminal justice procedures?**

YRIPP volunteers need good communication skills, an openness to diversity and other people's values, and a willingness to be challenged and to learn.

**What does an Independent Person do?** An Independent Person (IP) is a volunteer who is independent of the Criminal Justice System and supports young people during interviews with Police when a parent or guardian is unavailable. The Independent Person then refers young people to support services to reduce their chances of future offending. Independent Persons are trained in relevant police and legal processes as well as in working with Indigenous, Refugee and Migrant young people.

**Information evenings** will be held in Portland on Friday 6 August, and Hamilton on Friday 13 August

2-day training will be held in Hamilton on the weekend of 21/22 August.

**To book** into the Information Session, please ring (03) 9340 3777. For more information or to apply online, please visit our website,

[www.yripp.org.au](http://www.yripp.org.au), ring 9340 3777 or email [volunteer@yripp.org.au](mailto:volunteer@yripp.org.au)

## PARENTING WORKSHOP WITH LYDIA BUSTIN

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**When:** Thursday 19 August, 2010, 7.30 pm – 9.30pm

**Where:** RMIT University Hamilton

**Cost:** \$30 per parent or \$40 per couple

In this workshop Lydia Bustin will explore the topic Linking Emotional Coaching with Effective Discipline. This workshop is especially aimed at parents of children aged 2-8 years, with all parents encouraged to attend. Parents will learn about the key elements of emotional intelligence, how different parenting styles can either enrich or inhibit children's growth, how emotion coaching enhances a child's development, achievements and relationships. Lydia will also explore how to effectively implement the five steps of emotion-coaching with young children.

To register call 03 5572 0500, or email [rmithamilton@rmit.edu.au](mailto:rmithamilton@rmit.edu.au). Registrations are essential and payment is by cheque or credit card only.

## WOOD STOVE PROJECT – RAV funding for local project

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Earlier this year I was thrilled to be selected to be part of Regional Arts Victoria (RAV) Illuminated by Fire project.

Illuminated by Fire is a project about the places we care about and the story and role of fire within those places. Working across Victoria, the project aims to share stories, increase understanding and create astonishing art. It will explore connections between people and place, using a creative approach to provoke discussion about living sustainably in the most bush-fire prone region of the world. As one of eleven regional artists who are part of this project I will be working with my local community to develop stories around old wood burning stoves and their application within families, mostly around cooking and rituals of making food.

In the lead up to the 2010 Discover Dunkeld Event, (which will take place on the weekend of October 23 and 24) I have chosen to work on creating a special exhibition and video presentation that will focus on the local use of wood fired stoves.

The purpose of this project will be to record and preserve stories and recipes that relate to the slow combustion wood stove, in order to share and celebrate this important aspect of local history and culture.

Over the next couple of months I hope to be able to speak with a number of people from the district that still own and/or cook on a wood burning stove. I am particularly interested to hear from anyone who still has a wood stove, and would like to demonstrate its use. I am keen to record all aspects of the wood burning stove, from wood cutting and fire lighting, to the preparation and cooking of a favourite dish. Perhaps you have a funny story about using a stove, or a wonderful recipe that you used to cook and would like to share.

If you would like to be part of what is sure to be an interesting project, and a highlight of this year's Discover Dunkeld Event, please contact me by phone: 5577 2624 or by email: [trevor.flinn@bigpond.com](mailto:trevor.flinn@bigpond.com)

### SGG PCP Team:

Janette Lowe: Executive Officer

Rowena Wylie: Project Officer, Jo Brown: Project Officer, Elise Armitage: Arts Officer

Katrina Carey: ICDM / Service Coordination, Penny Fraser: Office Coordinator, Erin White: Active Communities Project Officer

SGG PCP Website: [www.sggpcp.com](http://www.sggpcp.com)

**PLEASE FORWARD YOUR AGENCY UPDATES, ACHIEVEMENTS, ARTICLES, EVENTS AND TRAINING OPPORTUNITIES FOR INCLUSION IN THE BULLETIN, TO PENNY FRASER AT [penny.fraser@wdhs.net](mailto:penny.fraser@wdhs.net)**