



Health Promotion Snapshot 2007

The Office of the Southern Grampians & Glenelg Primary Care Partnership (PCP) is conducting a **Snapshot** of Health Promotion activities across the PCP catchment. This is a strategy agreed under the PCP Strategic Plan 2006-09.

The **Snapshot** aims to:

- map the range of HP activities being conducted by agencies;
- disseminate information about HP activities between agencies;
- identify gaps in HP interventions; and
- identify workforce needs.

Section A – should be completed once for your agency;

Sections B & C – should be completed by individual staff involved in health promotion.

Results from Question 3 of the survey will be incorporated into a **Snapshot** table to be posted on the PCP website and will be updated annually in May. This will summarise the range of interventions being implemented by local agencies and hence assist in sharing information within and beyond the PCP catchment.

We would welcome your agency's input by **Friday 8 June**.

Thank you for your time.

Rosie Rowe
Executive Officer

Snapshot HP 2007 – summary of health promotion activities

Section A – Health Promotion Activities *(to be completed once for each agency)*

1. Which of the following PCP Health Promotion Priorities is a priority for your agency?

	YES/NO
<ul style="list-style-type: none">• Physical Activity• Mental Health• Nutrition• Oral Health	

2. Are your Health Promotion priorities included as a goal in your agency Strategic Plan?

YES NO No but will be in future

3. Health Promotion Interventions

Please complete the relevant tables below by indicating (with a tick) what type of interventions you are currently implementing, according to the following guide:

Risk assessment and screening = screening involves the systematic use of a test/tool to identify individuals within a population at risk. Individual risk assessment involves a comprehensive process of identifying the overall risk.

Health information= aim to increase people's capacity to make informed choices about their health and wellbeing. This includes actions to increase opportunities for preventative care by improving understanding of the causes of health and illness.

Education and skills development = seeks to provide education to individuals or groups with the aim of improving their knowledge, attitudes, self-efficacy and individual capacity to change

Social marketing = involves activities to advocate for change and influence behaviour. It may include mass media but may also include low technology options.

Community action (for social and environmental change) = aims to encourage and empower communities to build their capacity to develop and sustain improvements in their social and physical environments to improve their health.

Settings and supportive environments = this includes a wide range of interventions that aim to improve the living and working conditions conducive to health.

Table 1 = Physical Activity interventions

Program Title/description	Risk assessment & screening	Health Info	Education & skills developmt	Social marketing	Community Action	Settings & Supportive environts

Table 2 = Mental Health interventions

Program Title/description	Risk assessment & screening	Health Info	Education & skills developmt	Social marketing	Community Action	Settings & Supportive environts

Table 3 = Nutrition interventions

Program Title/description	Risk assessment & screening	Health Info	Education & skills developmt	Social marketing	Community Action	Settings & Supportive environts

Table 4 = Oral Health interventions

Program Title/description	Risk assessment & screening	Health Info	Education & skills developmt	Social marketing	Community Action	Settings & Supportive environts

4. Please list the NON-health sectors you are working with to implement your Health Promotion interventions?

Eg. sports, arts, local government, education, natural resources, business/industry

5. Describe your level of community engagement in health promotion?

HIGH = community members involved as members of committees and/or engaged in decisions, including planning, implementation and evaluation.

MEDIUM = community members involved in many decisions, largely via consultation on the process of implementation.

LOW = community members involved in some decisions and/or consulted at some stages of implementation.

NONE = no community consultation or input into decisions.

6. Do you consent to the PCP including summary information from Question 3 on the PCP website?

YES NO

(Optional) If yes, please provide a key Agency Contact for health promotion for inclusion on PCP website:

Name: Contact telephone:

Email:

Section B – Health Promotion Workforce Needs *(to be completed by individual staff members)*

7. How would you rate your current level of knowledge of health promotion?

Good Adequate Poor

8. Is your level of knowledge adequate for your role?

Yes No

9. If not, what ADDITIONAL knowledge/skills would assist? Please rank your level of need.

Knowledge/skills	Rank (1-most needed; 4-least)	Knowledge/skills	Rank (1-most needed; 4-least)
Health Promotion Theory		Sourcing data for planning	
HP Planning/interventions		Engaging with other sectors	
Evaluation		Climate change & HP	
Community engagement		Other: (specify)	

10. What is your preferred method of increasing your knowledge/skills? eg. face to face training/workshops; networking with other practitioners; accessing information via websites...

.....

Section C - PCP Staff Support *(to be completed by individual staff members)*

The PCP staff have focussed on the following support over the last 12 months:

- PCP HP Reference Group
- HP Forums and Training
- Bulletin advising of upcoming events
- Support with preparing funding submissions
- Recognising good practice in 'PCP News' – a new quarterly newsletter

11. What support have you found of most benefit and of least benefit?

Most beneficial	Least beneficial

12. What future support would you value from the PCP staff?

***Please email your completed survey to Monique Sobey
monique.sobey@wdhs.net by Friday 8 June. Thank you.***

Could you also provide a copy (or website link) of your Agency Health Promotion Plan if you have one.